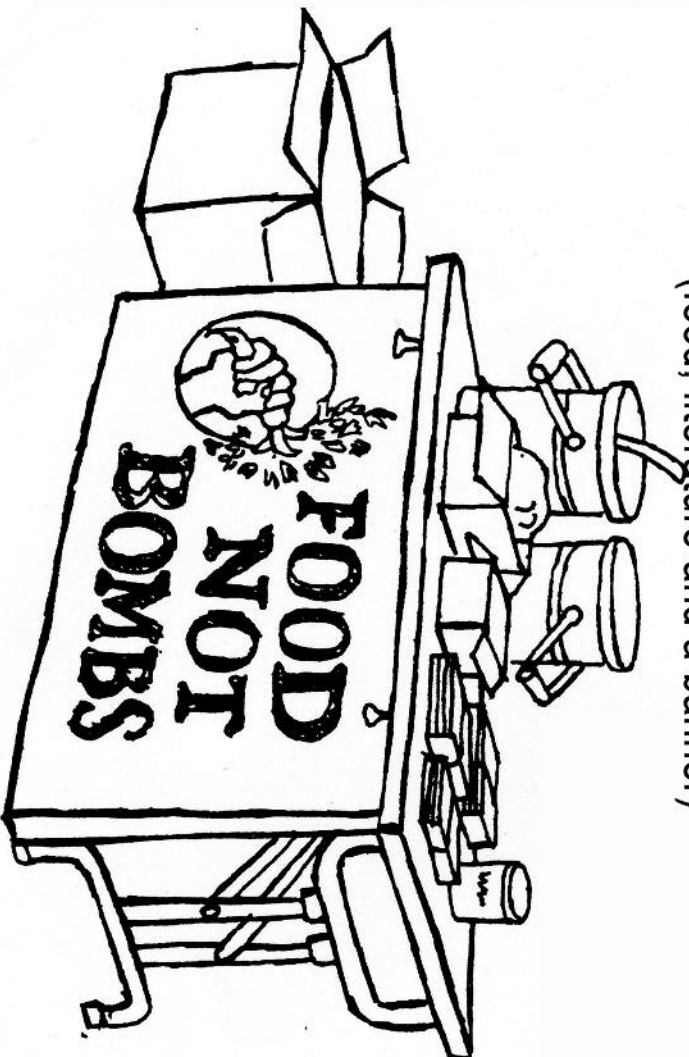
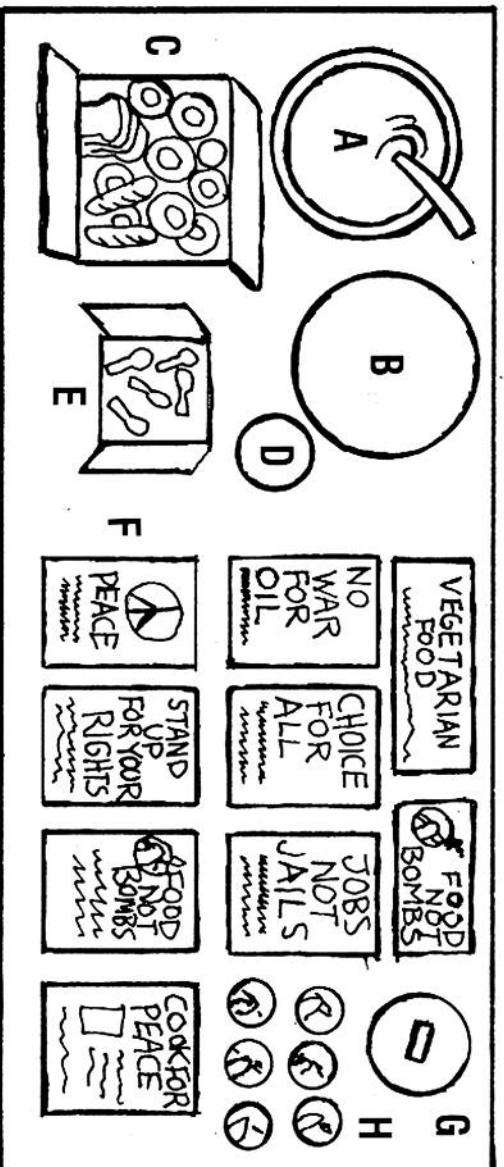
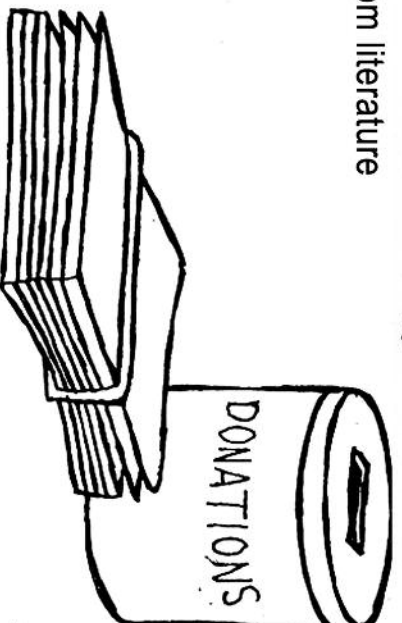


# The Basic Food Not Bombs Table

(food, literature and a banner)



- A. Hot Soup (wet) - keep away from literature
- B. Salad or other dry food
- C. Bread and bagels
- D. Salt or other spices
- E. Spoons or forks
- F. Flyers, book & stickers
- G. Donation can
- H. Buttons



Suggest line pass by literature before the food so less food is spilled on the flyers



# FOOD NOT BOMBS IS NOT A CHARITY

## LITERATURE CONVERSATION AND A BANNER AT EVERY MEAL

The Food Not Bombs literature table is one of the most effective ways to change society. Display your banner and set out literature at every meal. Your group can set up literature tables at concerts and in public locations between your regular meals. Your Food Not Bombs group can be effective at inspiring social change if your volunteers make a point of engaging the public in conversation about subjects like diverting resources from the military toward necessities like nutritious food, educations and healthcare. While several volunteers are sharing meals and distributing groceries another volunteer can staff the literature table. They can let passers by know that Food Not Bombs shares free vegan and vegetarian meals with the hungry in over 1,000 cities around the world to protest war, poverty and the destruction of the environment and add the notion that with over a billion people going hungry each day how can we spend another dollar on war?

Your group will increase the number of people volunteering and you will get more food donations. Add your local chapters contact information on your flyers. Your chapter can also collect stacks of flyers about many issues by contacting other activist groups. They will be happy that you are helping them reach the public. Print or collect at least 100 copies and use a number 19 rubber band to hold them together. Your chapter can have a water proof box and pack it with the largest flyers on the bottom and topped off with your Food Not Bombs banner. Take the box out to every meal, hang the banner and set out the literature in neat rows.

Censorship in the United States and other repressive countries has left many people ignorant of government and corporate abuses and the possible solutions to these issues. Food Not Bombs literature tables are a great way to get around this censorship. Food Not Bombs started as a street theater group interested in talking to public about issues ignored by corporate media. Food Not Bombs has always believed it was important to reach the public with our ideas and to stop preaching to the choir. The literature table can create a safe place for people learn about a wide number of issues and inspire debate. Its a great way to reach out to people who otherwise would not be aware of the communities efforts for animal liberation, the environment peace, and human rights.

The U.S. government has a nationwide campaign against our bringing literature and a banner to our meals because they know it is one of the most effective ways for Food Not Bombs to encourage resistance to their policies. Food Not Bombs is not a charity. It is organizing to change society. Meals without a message is just charity and supports the system of exploitation. Our banner, literature and conversation with the public is as important as the food. You can direct visitors to a featured piece of literature, talk to them about a current example of misdirected policies or projects that are contributing to positive social change. We are less likely to interest the public in joining our effort to end war, poverty and the distraction of the environment if we stand silently passing our meals. Our table can also include music, theater, poetry, dance, art and other cultural expressions encouraging positive social change. Our goal is to end the need to feed the hungry because we have inspired the public to take action to redirect our resources from the military towards real security where everyone has what they need to flourish. - FOOD IS A RIGHT NOT A PRIVILEGE. -

